

## Covid-19 Procedures for all coaching sessions

Here is how we will be conducting our Covid-safe sessions at our coaching venues

1. You do not need to wear a mask but please carry one on you at all times. Must be worn indoors
2. The clubhouse can now be open. Venue limit and social distancing apply. Masks must be worn in the clubhouse
3. Do not attend if you:
  - Have been in contact with someone with COVID-19 in the last 14 days
  - Have been overseas or exposed to someone with COVID-19 in the last 14 days
  - Have flu-like symptoms
  - Or are in a high-risk health category, for example elderly or have a pre-existing medical condition.
4. We would also encourage everyone to download the Covid-safe app and all of our coaches have completed the Covid-19 infection control training.
5. Please only arrive 5mins before you lesson start time and at all times from the time you arrive use social distancing at all times
6. Only Participants are allowed on courts and at the venue. If participants are children one parent is allowed to watch. We recommend Parents watch from the car.
7. Please do not touch gates or doors where possible. All gates will be propped open to minimise contact
8. Upon arrival please wait outside of the court (use social distancing).
9. Wait for the participants in the previous session to leave the courts
10. Once at your lesson go over to the coach and listen closely to their clear instruction. They will also sanitize your hands prior to the session beginning.
11. Drink taps will not be available so students need to bring their own clearly labelled drink bottle and the coach will tell you where to place this. Participants will not be able to bring food into the court.
12. Each participant will be given a clearly distinguishable ball tube for when we pick up balls later in the lesson. These will have been freshly wiped down with antiseptic wipes
13. For all instruction, drills and activities students will be spaced apart
14. Only the coach will touch the balls, cones, mats. The exception is for serving (see next point)
15. If you think students are controlled and responsible enough they can serve.
  - The process is students will sanitise,
  - touch the balls to serve,
  - sanitise immediately after finishing.
  - Please remind them not to touch their face, sunglasses, hat, etc until they have sanitised again
16. Co-operative activities and excitable games 😊. As students will need to touch balls, cones, mats, buckets, etc to run these activities at this stage there will be no co-operative activities or games where students get too excited to concentrate on personal hygiene..
17. When students rotate positions, they will be guided to rotate away from other participants
18. When it is time to collect balls participants will get their own tube, fill with balls, and wait until safe to unload their tube. If the students are too young to use the tubes they will push all of the balls down one end with their racquets and the coach will pick the balls up
19. If you need to remove layers of clothing during the session these are to be placed with your drink bottle
20. If we think someone might be showing any signs of being ill we will politely ask to end the session and ask them head home with their parents or if no parents in attendance ask to them to sit down outside the court and we will immediately contact their parents.
21. If paying for lessons, restrings, etc cash is now OK and preferred in a labelled envelope
22. Once your lesson is finished the coach will again sanitize your hands. Please leave the court quickly and head home again. Please do not socialise inside the venue.
23. The coach will then sanitize the ball tubes prior to the next lesson beginning.

